



4. Please describe your religious/spiritual background and spiritual journey. (350 words)

5. What has been your most significant personal failure or crisis in your life to this point? How did you deal with this? What gifts did this failure or crisis eventually hold for you? (150 words)

6. How would you describe what you are like as a person? What would others who know you well say about you? What sort of people do you find the hardest to like or get along with? What do others find most frustrating about you? How do you tend to function in a group? What do you consider to be your most important areas in need of continuing personal growth? What do you consider to be your greatest strengths and primary gifts? (200 words)
7. An established contemplative practice (i.e., centering prayer, meditation, yoga, Tai, Chi, regular periods of solitude, etc.) is a prerequisite to admission to the program. Please describe in detail your contemplative practice, how it has evolved over time, and how it has impacted your life? (100 words)

8. A careful, contemplative reading of *Living Wisdom – Second Edition (Revised & Expanded)* by David G. Benner (available as a free PDF download at [www.drdauidgbenner.ca/living-wisdom/](http://www.drdauidgbenner.ca/living-wisdom/)) is also a prerequisite to applying for the program. Please note that agreement with everything contained in this book is definitely not what we seek, just a detailed account of your response to and interaction with this book. (1,000 words)



9. Please give the author and title of other books you have read in the last 12 months, also identifying those are you currently reading? Please be sure to include any books that reflect your openness to traditions beyond your own spiritual or religious home base. (No word limit)

10. Ideas and practices explored within the CASCADIA LIVING WISDOM SCHOOL will push most applicants intellectually, theologically, and spiritually. The program draws from such diverse sources as evolutionary theology, cosmology, other faith traditions, aboriginal spirituality, and depth psychology. While background in these areas is not necessary, what is required is openness to the contributions science and other religious traditions can make to Christian theology, spirituality and wisdom. Please comment on how open you are to such broader vistas, and what has helped you get to this point. If your recent readings do not demonstrate openness to learning from science and other faith traditions please give examples of how you expose yourself to people and ideas that are beyond your religious or spiritual home base, and what you have been learning from this. (150 words)
  
11. Ongoing interaction by means of the online communication platform used by Cascadia is the foundation of the community that we seek to become. Regular online participation (reading things that are posted by others and responding or sharing) is, therefore, a program requirement. What frequency and amount of engagement with the program and other participants would you, on average, expect to be able to offer as an expression of your commitment to the group and your own growth and learning? (50 words)
  
12. Please tell us anything else that you consider important to know about you and why you feel yourself to be a good fit with CASCADIA LIVING WISDOM SCHOOL. (Optional – 125 words)

13. Please list the name and nature of your relationship with the person who has agreed to submit a personal reference to us for you. The template for that reference can be found at [www.drdauidgbenner.ca/cascadia/application-and-fees/](http://www.drdauidgbenner.ca/cascadia/application-and-fees/). Note that your application cannot be processed until this reference is received so please ensure that this person forwards the promised reference as promptly as possible to [Cascadia.Living.Wisdom.School@gmail.com](mailto:Cascadia.Living.Wisdom.School@gmail.com).

Name \_\_\_\_\_

For how long, and in what capacities or contexts, has this person known you?

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*Please send your completed application electronically to [Cascadia.Living.Wisdom.School@gmail.com](mailto:Cascadia.Living.Wisdom.School@gmail.com).  
Surface mail applications cannot be accepted.*